

## ABSTRACT

This paper focuses on analyzing the defense mechanism that the students write in *The Freedom Writers Diary* and also want to describe how writing diary can help them to resolve the conflict. The writer interested in doing this analysis because the writer want to know what are defense they use to cope with their anxiety when they face the problems and this paper can also be useful for the teachers to understand the “at-risk” students and for the readers this paper can give solutions without being mentally disorder. The methodology that the writer uses is qualitative. Qualitative research is involve the library research which means the writer uses some books and other sources from internet. From the result of the research the writer founds eight defense mechanisms and also discover seven important roles of writing in solving their conflicts. Most of the students in Wilson High School are uses rationalization, denial, projection, displacement, sublimation, repression, regression and fantasy as their defense.

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