

Abstract

This study was carried out to look at a relationship between self-control and intensity of Facebook use. Self-control scale and Facebook intensity scale were distributed to high school students who resided in Jakarta, n = 212. The subjects who were recruited by using simple random sampling had an age range from 15-18-years-old, males, n =90, and, Females, n = 122. The result indicated that there was no significant correlation between self-control and intensity of Facebook use among Jakarta adolescents.

Keywords : *Self-control, Facebook, Social Media, Adolescents, Jakarta*

Abstrak

Penelitian ini dilakukan untuk melihat hubungan antara self-control dengan intensitas penggunaan Facebook. Dengan menggunakan metode survey, Self-control scale dan Facebook Intensity Scale didistribusikan kepada remaja yang berumur 15-18 tahun di Jakarta, n=212, laki-laki, n=90, dan perempuan, n=122. Perekrutan sampel diambil dengan menggunakan teknik simple random sampling. Hasilnya menunjukkan tidak ada hubungan yang signifikan antara self-control dengan intensitas penggunaan facebook pada remaja Jakarta.

Kata Kunci : *Self-control, Facebook, Sosial Media, Remaja, Jakarta*