AN ANALYSIS OF EGO DEFENSE MECHANISM OF HUMAN PSYCHOLOGY ON THE CHARACTER OF MORRIE SCHWARTZ IN TUESDAYS WITH MORRIE BY MITCH ALBOM

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Abstract

The goals of the paper are to firstly find out an analysis about Morrie's psychology especially is on the process of the ego defense mechanism. Secondly, it is to find out the problems caused by the relations between ego and anxiety in the process of the ego defense mechanisms happened to Morrie. Research method was done by library research and the analysis was done by applying the theory of Psychoanalysis which specifies on the case of analyzing about the ego defense mechanism. This mechanism was formed by the human psyche; Id, Ego, and Superego disturbed anxiety.

This theory was applied for the main character, Morrie in Tuesdays with Morrie by Mitch Albom. It was concluded that the ego defense mechanism or physic process could be applied on Morrie's analysis, the person who suffered by tragic illness. Morrie could survive the life to be a happy man but he could not be a long life human as he had the illness. The relations between ego and anxiety were found that anxiety not only disturbed ego in the human psyche but also created some problems; mental conflict, and environment problems.

Keywords: ego defense mechanism, human psychology.