

ABSTRACT

This thesis analyzes the life of a woman who feels depressed and lonely even though she has everything in life, a perfect body, a job and someone loving her. It generates from the person's family background, which makes her traumatized and always thinks negatively. The purpose of this thesis is to show that negative thinking can bring bad effects to people that cause them to feel depressed and lonely. To support the analysis, Internet and library researches were used the data collections and references. The content of this thesis is finding why the main character becoming depressed and lonely as well as the causes and the effect of the depression.

Key words : Depression, Lonely feeling, Negative thinking, Emotion, Mind